

WSDOT intranet News & Updates article (insideDOT)

Post on Sept. 29.



Alt-text: Graphic promoting "Week Without Driving" from Sept. 29 to Oct. 5, 2025, featuring letters varying in typefaces, sizes and colors.

Credit: Week Without Driving

Caption: Take the Week Without Driving challenge from Sept. 29 to Oct.5!

What if you couldn't drive?

Imagine a week without driving. How would you get to work, the grocery store or your doctor's appointment? How would this affect your daily life?

From Sept. 29 through Oct. 5, 2025, a national campaign known as [Week Without Driving](#) will challenge us to live without a car. In Washington, thirty percent of people already can't or don't drive. This includes people with disabilities, youth, seniors and people without cars. These non-drivers face difficult challenges while traveling. These challenges can include poor sidewalks, limited transit options and roads without infrastructure for people walking, biking and rolling.

Taking on the challenge may help you learn about the gaps and barriers that non-drivers face every day. This helps all of us at WSDOT better address everyone's needs.

How does it work?

Sign up. The first steps are to [sign up on the Week Without Driving website](#) and also let us know you're participating by [filling out this SurveyMonkey!](#) By signing up, you'll be joining community leaders, residents and coworkers to support better options for non-drivers. Last year, those who signed up joined 523 local organizations, 750 elected and public officials as well as over 2,000 advocates from across the country.

Plan your commutes. If you usually drive, look for other ways to travel. This can include walking, rolling, bicycling, asking for rides and taking transit. If you already travel without a car, think about trying other ways to get around. You might also consider sharing your experience with others. If you must drive, that doesn't mean you've failed the challenge. The goal of the Week Without Driving challenge is to understand how non-drivers navigate their daily travel and the choices they face.

Reach out with questions or to share your experience. If you have questions about Week Without Driving or want to tell us about your week, contact TripReduction@wsdot.wa.gov. You can also contact the [Week Without Driving](#) staff. [Week Without Driving](#) is a partnership between [America Walks](#) and [Disability Rights Washington](#).