



Ride Public Transportation

Log four public transportation commutes (roundtrip).

50 POINTS

LEARN MORE

SmartHealth and public transit

SmartHealth is Washington State's voluntary wellness program that supports you on your journey toward living well.

Employees can participate in the [SmartHealth Wellness program](#), which supports employees on their journey toward living well. Employees participating may also qualify for SmartHealth wellness incentives.

Learn more about SmartHealth

- Visit [SmartHealth \(PEBB\)](#)
- Watch the [SmartHealth Overview](#) video
- Review [Accessing SmartHealth](#) for step-by-step log on instructions

SmartHealth is our voluntary wellness program that supports whole-person well-being. Participate in activities that support all of you, including managing stress, building resiliency, and adapting to change. As you progress on your wellness journey, you may also qualify for SmartHealth wellness incentives.

[SmartHealth \(PEBB\) | Washington State Health Care Authority](#)

Each year, complete the [SmartHealth](#) well-being assessment (worth 800 points) and reach a total of 2,000 SmartHealth points by the deadline. Eligible PEBB subscribers can qualify for a \$125 wellness incentive.

Hey, Everyone, it's Ride Transit Month, and right now you can earn 50 points by riding public transit through our [SmartHealth](#) program!

SmartHealth is our voluntary wellness program, which supports employees on their journey toward living well. Each year, employees who complete the SmartHealth well-being assessment and reach a total of 2,000 SmartHealth points by the annual deadline can qualify for a \$125 wellness incentive.

Use [RideshareOnline](#) to log at least four commutes (roundtrip) from June 1 to June 30 to earn your points!